



Sports Active



MAKING YOUR FUTURE MORE ACTIVE

— SPORT IRELAND —

SPORTS COORDINATORS REPORT TO THE BOARD

February 2018

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5/2/2018



Safeguarding Courses (Child Protection)

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Safeguarding 1: 19 Courses have been completed with a total of 288 participants attending.
Safeguarding 2: 2 Course have been completed with a total of 14 participants attending.

This is the final figure for 2017.

Sport Ireland Dormant Account Funding 2017:

Minister of State for Tourism and Sport Brendan Griffin TD announced a further investment package of €1.5 million in Dormant Accounts funding for sport.

Under the Urban Outdoor Adventure Initiatives

Outdoor recreation programmes have been developed and run in disadvantaged communities, for at-risk youth groups, disadvantaged school groups and people with disability in many countries with success. There is now a growing body of evidence to suggest that outdoor adventure programme where participants interact with nature and experience new outdoor adventure sports are successful in developing confidence and skills among participants and also help young people to manage risk and encourages them to welcome challenge.

Applications were invited from Local Sports Partnerships, in a competitive bid process, for urban outdoor adventure initiatives in their respective counties.

Our successful application for an Adventure Hub based in Bunclody will give access to the River Slaney, which will enable both ourselves and our partners the opportunity to further develop the 'Street Paddler' Programme which enables identified young people access to skills training in Kayaking/canoeing.

We were also successful in being further allocated funds for the Youth leadership programme

Funding Measure	Current	Capital	Total
Urban Outdoor Adventure Initiative	€24,950	€20,000	€44,950
Youth Leadership	€2,500	-	€2,500
Youth Leadership Tutor Training	€300	-	€300

Theme 1 Empowering Communities

Goal: To empower communities to increase sustainable and inclusive participation in lifetime physical activities

Waterford Institute of Technology – Third year Students

From the end of October to mid December Sports Active had two third year students from WIT's Exercise and Health studies. During their time here they developed a Council Councils Fittest Section Competition. This competition ran from the 8th to the 12th of December with various challenges for the staff. At lunchtime on the 8th of December three teams competed in an Olympic Handball competition in the new garden area in the County Hall, on the 11th there was a fitness challenge in the street and on the 12th at lunchtime all staff members were invited to take part in a 3.5km or 5km walk and run where they could earn points for their section. After calculating all the points over the three days Community and Housing came out in first place with Environment coming a close second. In third place was the mixed department and next year we hope to build on the participation with more sections taking part.



Leadership Programme and playground markings

There are currently three leadership courses running in secondary schools: Selskar College (Sports Leader 2), CBS New Ross and Kennedy College New Ross.

Playground Markings are in Kiltaly NS at present and there are five schools currently on the waiting list for the markings.



Bunclody Bank of Ireland Enterprise Towns



On Friday 8th December Sports Active had a stand, dance mats and promotional material at the Bunclody Bank of Ireland Town and Community Enterprise evening in the FCJ.

Operation Transformation 2018

The RTE programme is on its 11th Series this January. The LSP network held their National Walks on the 13th of January. Sports Active Wexford (Local Sports Partnership) organised the National Walk from The Promenade Country Walk in Enniscorthy. Over 150 walkers of all ages took part in the 5 km walks around the county despite the yellow weather warnings. There was a great atmosphere in Enniscorthy with 50 people participating. We would like to thank our great volunteers who supported the event, Wexford County Council and Enniscorthy Municipal District and also our sponsors Pettitts Supervalu, Aldi Enniscorthy and Lidl Enniscorthy.



We have also been supporting Colaiste Abbain in Adamstown with their Operation Transformation programme



Swim for a Mile (SFAM) will return to Ireland in 2018 for its 5th year! Last year 2000 people took to the pool for the Challenge and we hope to see them all back in the water this year! Participants can sign up for their free 10-week training programme. The programme involves three sessions per week written by Swim Ireland, it is designed so that participants can complete the training on their own or at one of our associated pools, who deliver two coached sessions per week, leaving one session to be completed by the participants in their own time. The programme meets the weekly recommendations of physical activity provided by the World Health Organisation. We have 3 Programmes running In Wexford New Ross and Courtown. Starting In January with the Swim For A mile event in the Apex on 21st March 2018

We will be holding the Swim a mile relay event for schools in the Apex 20th April and in Wexford the week of the 23rd April during Active Schools Week.

Theme 2 Enabling inclusion

Goal To encourage and enable locally identified low-participation groups



Scooch for Mens Sheds

On Monday 15th of January Sports Active Wexford in partnership with Frank Fahey and the Irish Mens Shed's Association launched the brand new game Scooch in Wexford. We would like to thank Wexford Local Development for their support and the premises and all the Men's Sheds around Wexford

who took part in the demonstration. We look forward to the upcoming tournament between all the Men's Sheds.

Theme 3 Supporting sport

Goal: To support the key providers in the sport sector promote a sport for all culture and increase participation in recreational sport.

Get Ireland Swimming



Get Ireland Swimming is an initiative linked to the National Activity Plan and is promoting schools swimming. We are one of three counties involved, with the programme being rolled out in January.

The swimming sessions are supported by ourselves and Swim Ireland and with schools who are DEIS Schools across the county being asked to participate. Three centres have signed up to the programme, Wexford Swimming Pool, The Apex and the Waterfront Enniscorthy, their staff will receive training on the new Schools swimming programme.

The following schools will receive free lessons for 8-10 weeks from January 2018, this is fully supported through the dormant accounts funding received by Swim Ireland The programme was launched at the new Edmund Rice Bun Scoil Ri, New Ross, where Wexford Olympian Grainne Murphy and Sports Co-ordinator Fran Ronan presented the goodie bags to the Principal Gerry Moran.

Get Ireland Swimming Funding	No Of Students
New Ross	
Edmund Rice Bunscoil Ris	214
St Canices	90
Enniscorthy	
St Aidans	225
Clonroche	21
Wexford	
The Faythe	62
Kennedy Park	56
	668

The Healthy Ireland funding is as follows:

We will fund teaching staff for the following schools that are using Enniscorthy pool Wexford Swimming pool and the Apex.

Pool	Enniscorthy	
Name Of School	Number of Lessons	Number Of Students
Ballindaggan NS	8	32
Clogogue NS	8	19
Boolavogue NS	8	45
Courtnacuddy NS	8	42
Kiltealy NS	8	36
Blackwater NS	8	42
Kilmyshall NS	6	38
St Senan's NS	8	55
Oulart NS	5	49
Marshalstown NS	8	42
An Gaelscoil	8	48
Bree NS	10	56
	93	504
Pool	Wexford	
Name Of School	Number of Lessons	Number Of Students
CBS Primary	10	28
Danescastle	8	23
Broadway	6	36
St Leonards	8	58
	32	145
Pool	New Ross	
Name Of School	Number of Lessons	Number Of Students
Horeswood	TBC	

We also supported the continued professional development module on teaching children with a disability for 23 participants from the four centers and the local club where children are swimming.

Coaching Children Workshop



Sports Active Wexford delivered their first Coaching Children Workshops on Wednesday 10th of January to Wexford GAA Development Officers and coaching staff.

Coaching Children Workshops are a new four part workshop series developed by Coaching Ireland as a non sport-specific course for all coaches. Workshop 1 and Workshop 2 were delivered to Wexford GAA coaches on the 10th of January with workshop 3 and 4 due to take place in March. This was very well received by the coaches and development staff who look forward to the second two workshops.