



Sports Active



MAKING YOUR FUTURE MORE ACTIVE

— SPORT IRELAND —

SPORTSCOORDINATORS REPORT TO THE BOARD

June 2019

Fran Ronan

20/6/19



Safeguarding Courses (Child Protection)

Safeguarding Courses (Child Protection) (Objective 3.2)

Safeguarding 1: 8 Courses have been completed with a total attendance for 2019 of 113 participants.

Safeguarding 2: 3 Courses have been completed with a total attendance for 2019 of 25 participants.

HSE Funding

We have been awarded €7650 funding from HSE South to support programmes for disability and Men on the Move.

Federation of Irish Sport Sports Industry Awards

Sports Active Wexford was shortlisted for the Local Sports Partnership Initiative Award at the National Awards for its Programme with CAHMS 'Experiencing success'

Staff Training

Community Sports Development Officer attended training for Marketing and Social Media on the 14th May in the National Indoor Arena and will completed Project Management Training in Cork on the 29th of May.

Theme 1 *Empowering Communities*
Goal: *To empower communities to increase sustainable and inclusive participation in lifetime physical activities*

Playmaker (Objective 1.2)

Sports Active Wexford have delivered and organised the following Playmaker courses (Leadership Course) for fourth class students in National School: Total to date this year: 225 participants in 10 schools.

School	Date	No. of children
Castlebridge NS	8/5/2019	35
Adamstown NS	9/5/2019	32

ST. Iberius NS	15/5/2019	17
Newbawn NS	7/5/2019	19
Curraclloe NS	6/6/2019	26
Gusseraine NS	11/6/2019	26
Rathnure NS	12/6/2019	16
Ballindaggin NS	19/6/2019	22
Rathgarogue NS	20/6/2019	26
Monageer NS	24/6/2019	20

Learn to swim Pilot Programme.

This programme is now at its midpoint of the three year term. Meetings were held with Wexford Swimming Pool and The Apex and overall the feedback is positive. Training for staff is an issue and we hope to support this in the coming months once the centres have agreed dates.

Schools swimming programme: This is again being supported by Swim Ireland and at present we have over 20 schools availing of support to attend swimming lessons. Courtown Adventure World has also had training for their staff on this programme.

Healthy Ireland Funding.

The Fundamentals Programme for Childcare Providers has been rolled out over two weekends in March (23rd and 30th). 48 staff from 24 centres availed of the training and each centre that participated received a €200 voucher towards equipment to improve children's fundamental movement skills.

Active Fellas Programme is continuing to be successful with over 60 men taking part in physical activity and organised events around the county.

International Women's Day

25 attendees took part in St Joseph's a physical activity event in support of this day and also supporting the 20x20 campaign led by the federation of sport.

CTEC Childcare Training

10 Ladies from Wexford Community and Training Education Centre (CTEC) studying childcare participated in a training session for fundamental games and activities for children on the 20th of March in their own centre.

Playmaker

Active School Flag (Objective 1.2)

Sports Active is supporting 10 schools with their application for their Active School Flag. We provide guidance with the application along with contacts for NGB's and rental of playground markings and sports equipment including dance mats

Sportshall Athletics

On Wednesday 27th March the boys from Crossabeg National School and the girls from Adamstown National School represented Wexford at the Sportshall Athletics National Festival in Athlone Institute of Technology indoor arena. The event was organised by Offaly Sports Partnership and Athletics Ireland. The boys and girls performed excellently on the day and did their schools and county proud.



Active Retirement

Over the last number of weeks the Community Sports Development Officers from Sports Active Wexford have been visiting Active Retirement groups in the county to demonstrate the game of Scooch. Wexford Active Retirement group, Taghmon Active Retirement group and Poulpeasty Women's group got the opportunity to learn about the game and have a taster session. The response has been great and the groups will now have the opportunity to borrow the equipment and practice some more.

Swimming for Schools Programmes(Objective 1.2)

31 National schools have received funding support through Sports Active Wexford and Swim Ireland – through the Get Ireland Swimming Initiative. 1091 Students have been enabled to access swimming lessons

Wexford County Council's Fittest Family (Objective 1.3)

Wexford County Council's Fittest Family came to a conclusion on Wednesday 24th of April. 73 members of staff participated over the three days, 10th April, 17th April and 24th April. The three events were a 5k/3k run, Olympic Handball and a team challenge. The housing section was the overall winner and retained it's title for a second year in a row.

Community Coaching (Objective 1.2)

Sports Active Wexford have agreed to support Southend Family Resources Centre Kayaking programme to train 12 participants on Proficiency Level 3 course for Kayaking.

Staff Activities (Objective 1.3)

Staff soccer continues every Wednesday from 5 - 6pm in Ferrycarrig. Circuit classes are held every Monday evening from 5-6pm, Cardio Boxfit at lunchtime on Thursdays and Yoga at lunchtime on Fridays, all of which are held in County Hall.

Couch to 5K is continuing at lunchtime and participants signed up to Run with Ray on the 12th of June.

Staff Linde Dancing classes will start on Wednesday evenings in the next few weeks.

Circuits: **10** Soccer: **12** Cardio Boxfit: **25** Yoga: **24** Couch to 5K: **10**



Run With Ray Objective 1.1

The Ray D'Arcy show hit the road on the 10th of June for five special live shows. After each show there will be a 5K 'Run with Ray' event at 6pm. The JFK Arboretum and the New Ross Park run was chosen as one of the 5 Venues Nationally.

Over 300 participants took to the park to participate in the run with Special guests.



Theme 2 *Enabling inclusion*

Goal ***To encourage and enable locally identified low-participation groups
Access opportunities for; meaningful participation in physical activity.***

Get Ireland Walking-Woodlands for Health Programme (Objective 2.2)

This programme is supported by Get Ireland Walking, Wexford Mental Health Services, Coillte, Mental Health Ireland and Local Link.

We will be running two twelve week walking programmes based in Tintern in the south of the county and Courtown Woods in the north of the county. To support the therapeutic recovery programme for over 40 participants who are receiving support from Mental Health Services. The programme started in June.

Men's Shed ScoochBlitz (Objective 2.1)

Mens Sheds from across Wexford took part in a Scooch blitz on Monday in Oylgate Hall. Over 24 turned up on what was a really enjoyable day. As the game is becoming more and more popular so also is the competitive nature of the players. Lots of friendly banter between the sheds on who is the best player and the craic continued over the cup of tea afterwards. Apart from the game itself the men were really appreciative of events like this which give them a chance to engage with other groups while also being active. Thanks to the staff at Oylgate Community Hall and all who turned up on the day.

Activator Training Workshop (Objective 2.1)

On Saturday 27th of April, staff and tutors from Sports Active Wexford attended an Activator Training workshop in Bunclody Golf club led by Frank Fahey from FitWalk Ireland.

Participants: 13

National Learning Network (Objective 2.2)

On Thursday 11th April, the Sports Inclusion Disability Officer for Sports Active Wexford led an activity session in the National Learning Network, The Swan, Wexford to celebrate Autism Awareness Week. The students got to try Corn-hole and Scooch and the session was finished up with an Introduction to Yoga led by Sarah Dunlea on behalf of Sports Active Wexford. Participants: 16

Kilrane National School (Objective 2.2)

On Tuesday 9th April, the Sports Inclusion Disability Officer for Sports Active Wexford gave a disability inclusion talk and led an inclusive P.E lesson using corn-hole and skittles for 5th class pupils. The session was organised by the active schools co-ordinator.

Participants: 32

Healthy Ireland Funding.

CAMHS: The Healthy Ireland funding has enable the physical activity support to this group continue with gymnastics Ireland. A recent review meeting has highlighted the affect this is having on this group of young people. We will also be running a swimming programme at the Apex with this group.

Sports Wheelchairs

The Sports Development Officer brought 9 sports wheelchairs to Colaiste Bride where they used the chairs for PE classes for three days to create awareness among the class groups.

Wexford GAA Wellness Week (Objective 2.1)

On Tuesday 7th May, Sports Active Wexford attended the “How to Age Well” seminar delivered by Professor Rose Anne Kenny in the Ferrycarrig Hotel.

Mental Health Training (Objective 2.2)

On Monday April 29th, Development Officers from Sports Active Wexford attended Mental Health Training in Summerhill Mental Health Centre, The training was organised and led by staff members from Wexford Mental Health Organisation.

UN CRPD (Objective 2.2)

On Thursday 2nd May and Wednesday 8th May, the Sports Inclusion Disability Officer from Sports Active Wexford attended disability training led by the Disability Federation of Ireland under the UN Convention of the Rights of Persons with Disabilities and the Public Sector Duty.

Let's Talk about Disability (Objective 2.2)

On Wednesday 8th May, the Sports Inclusion Disability Officer for Sports Active Wexford attended an information evening in Oylegate Community Centre. The evening was organised by Wexford Public Participation Network (PPN).

Slaneyside Superstars (Objective 2.2)

On Wednesday 15th May, the Sports Inclusion Disability Officer attended Slaneyside Superstars training and meeting in Astro Active, Enniscorthy. Herbie Honohan from Cricket Leinster was present on the evening to lead a cricket session for the children. Sports Active Wexford continues to support this club and are now helping plan their summer camp.

Schools Inclusive Physical Education Sessions (Objective 2.2)

On Friday 3rd May, 87 pupils from 4th, 5th and 6th class in Castlebridge National School took part in Inclusion games led by Sports Active Wexford. The boys and girls got to try some Go For Life Games and Scooch.

On Monday 13th May, all classes from St. Iberius National School took part in Inclusion games led by Sports Active Wexford. The pupils got to try YBall, Scooch and Sports Ability Games

Active Retirement Scooch:

Poulpasty Active Retirement – Delivered scooch

Wexford Active Retirement –training to the group on Monday 20th May

Taghmon Daycare centre – Delivered scooch out to daycare centre on 23rd May for 4 weeks.

Wheelchair Hurling

Sports Active Wexford linked in with Wexford GAA and Leinster GAA to deliver a come and try wheelchair hurling day in Astro Active in Enniscorthy on the 28th of May. We will also be hosting an exhibition game in July where the Leinster Wheelchair Hurling team will come to Wexford.



On Friday 8th March Sports Active Wexford held a physical activity taster session in St. Joseph's Community Centre to celebrate International Women's Day. Participants got to try a variety of different activities on the day such as Cardio Boxfit, WalkingFootball, Scooch and Go for Life games. The activities were led by Theresa Roche from Kinetic Fitness, Amy Cleary from the FAI, Wexford and Rosslare Men's shed volunteers, Nick Murphy and the staff of Sports Active Wexford

Theme 3 Supporting sport

Goal: To support the key providers in the sport sector promote a sport for all culture and increase participation in recreational sport.

Launch Of the Urban Adventure Hub Bunclody (Objective 3.3)

The launch was held on the 3rd May, Cllr Kathleen Codd Nolan and Cathaoirleach of Wexford County Council Cllr Keith Doyle. We are delighted with the interagency Partnership with Sport Ireland, WWETB, Wexford County Council, Shiellbaggan Outdoor education centre, Bunclody Town team and Irish Water. The project secured funding from Sport Ireland Dormant accounts and WWETB.

The hub is now in place to begin working with local groups and schools to access Kayaking and other outdoor adventure activities based in the urban centre. A new Club will be formed with the initial taster day taking place on Saturday 25th May. With an Open day planned for Saturday July 20th.



Cricket

Development Officer Herbie Honohan has delivered Cricket to 1232 children in 18 schools in May with 17 more schools to deliver to between the end of May and June.

