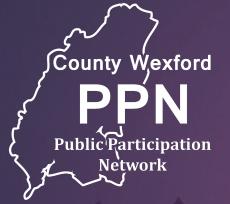
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## Community Growers Update



Wexford PPN held a Community Growers Event in Templeshannon, Enniscorthy on Tuesday the 7th of November 2023, called "Garden Fork to Kitchen Fork".



## GARDEN FORK TO KITCHEN FORK

## Wexford PPN FREE EVENT

Come along to gain expert advice on how to grow organic food in your garden, in containers and the use of pollinator plants to protect your crop.

Demonstrations from the ICA on how to cook freeze & preserve your food to prevent food waste.

Please book as places are limited:





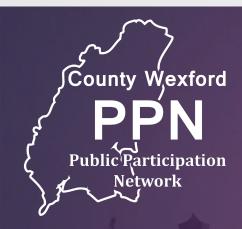
## **LETS GROW!**

Tuesday 7th November @ 7.30pm Templeshannon Community Centre, Enniscorthy (Y21 T8K8) Refreshments will be served.









The theme of the talk was to encourage people to grow their own food be it in raised beds or containers - not having a garden should not exclude you.

Two ladies from the Camross/Adamstown ICA Guild, Mary Kelly & Helen Byrne gave excellent cookery demonstrations and Jonathan King then gave a great talk on Sustainable Gardening without the use of chemicals, companion planting, and how to prepare pots and containers to grow fruit and vegetables

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